

Treatment of internal hemorrhoids with rubber bands

The bands disconnects the blood supply to hemorrhoids, which then disappear within 6-14 days. As a rule, 1-3 hemorrhoids are treated at a time.

Preparation

If you are taking blood-thinning medicines (eg Heart Magnyl , Marevan , Eliquis , Xarelto or Clopidogrel) or have a pacemaker, inform your clinic well in advance of the examination.

Treatment

A small scope (anoscope) is inserted into the rectum. Through the scope, bands can now be applied to the hemorrhoids.

After treatment

Most often you feel a tightening sensation in the rectum and at the same time urge to defecate. This discomfort can last for 12-48 hours. Some may experience pain, others may feel short-term general discomfort.

Take 2 tabl. PINEX 500mg x 3-4 daily and supply 2 tabl. IPREN 200mg x 3 daily.

You can go to the toilet as usual.

If the hemorrhoid / mucosa falls out of the intestine, it must be pushed into place behind the sphincter.

When the elastics fall off, there may be bleeding in connection with the stool.

This bleeding is often insignificant.

The stool

It is important that the stool is kept going and does not stop.

Eat high-fiber, use if necessary.

It is important to emphasize that future intake of plant fiber will in many cases prevent the re-emergence of the disease.

Complications

Rarely, heavy bleeding, fever or severe pain may occur. Then contact the clinic. Outside opening hours, please seek medical attention or emergency room immediately.