

Surgical removal of skin elements under local anesthesia

Removal of lipoma, aterom, abscess, birthmark and other skin elements under local anesthesia. Before the operation, you will receive an injection of local anesthetic medication at the site in question, so that the operation is painless. The anesthesia lasts for 1-3 hours.

Preparation

Do not apply cream to the skin.

If you are taking blood-thinning medicines (e.g. Hjertemagnyl, Marevan, Eliquis, Xarelto or Clopidogrel) or have a pacemaker, inform your clinic well in advance of the examination.

Treatment

The skin is disinfected with chlorhexidine alcohol, iodine or similar. The local anesthetic is injected under the skin with a thin needle, it stings and spans approx. 1 minute. During the operation, you can often feel touch, but not pain. The wound is closed with a thread that must be removed after 7-14 days at the clinic or at the general practitioner.

After treatment

The local anesthetic lasts for 2-6 hours. Unless otherwise agreed, ordinary over-the-counter medication for pain is taken 2 tablets Pinex 500 mg and / or 2 tablets Ipren 200 mg.

The dressing is removed after 3 days (unless otherwise agreed). If necessary, the wound can then be covered with Micropore (purchased at the pharmacy).

Restrictions: Unless otherwise agreed, there are no restrictions, however, bathing in the swimming pool and seawater until the wires are removed is not recommended.

Complications

Bleeding after this type of surgery is extremely rare. If this happens, first, rest and place pressure on the area. This will usually stop the bleeding. If the bleeding does not stop, contact the clinic or emergency doctor.

Infection is seen very rarely, but can occur and will require treatment with antibiotics. If infection occurs, it is typically seen after 3-4 days and the symptoms are redness and swelling as well as increasing pain. If in doubt, it is best that we see it in the clinic. If you get a fever, contact the clinic or emergency doctor immediately.